# Alana Crow

### SAG/AFTRA

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## **FILM**

Supporting Tom Whelan - The Polterguys, LLC. The Polterguys Wake Before I Die Supporting Freeman Bros. - Wooden Frame Prods How the Fire Fell Supporting Edward Davee - Vladimir Pack Pictures American Disciples Featured Principal Anthony Pierce - Toeknee Productions Todd Freeman - Todd Freeman, LLC Nice Day to Die (short) Lead Two Years of Sorry (short) Lead Jim Keenan - Nomads, Liars & Thieves Edward Vilderman - SuperEd86 Inside Out (student) Lead Decedent (short) Lead Robert Blanche - Portland Acting

#### **TELEVISION**

Leverage Co-star TNT / John Rogers
Knight Rider Co-star NBC / Bernard McEveety

Teachers OnlyCo-starPeter Baldwin - Carson ProductionsSimon and SimonCo-starVincent McEveety - Universal StudiosJoe DancerCo-starReza Badiyi - Orion Pictures TV

General Hospital Recurring (1 year) ABC Daytime
Young & the Restless Recurring CBS Daytime
Days of Our Lives Under-5 NBC Daytime

Emergency One Co-star NBC / Georg Fenady

## **TRAINING**

Scene Study & Technique The New American Theatre Ensemble - Company Classes (ongoing)

Cold Reading & Improv Melissa Skoff (ongoing)

Improv The Groundlings - Core Track (ongoing) & Gary Austin Workshops

Advanced Film Acting Shelly Lipkin & Robert Blanche

Acting Technique & Voice Conner Kerns & Beth Harper - Portland Actors Conservatory
Acting Technique Jeff Corey & Al Ruscio - Professional Actors Workshop LA

Theatre Major University of Southern California - 2 years

Voiceover / Comm. & Animation Susan Blu Workshops LA & Voicetrax San Francisco

Aerial Wire Flying Bill Boggs

## **SPECIAL SKILLS**

Scuba Diving PADI (Underwater Moonwalk), Cycling (Road & Mountain), Golf, Trail Running, Skiing (CC & Downhill), Indoor Rock Climbing & Bouldering, Firearms Experience (Target & Skeet), Weight Lift, Power Walking & Aerobic Dance. Prof. Kitchen & Computer experience. Basic Aerial Wire Flying.